

Volume 41 Number 09

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Reese R., Area Chair opened the 432nd meeting of CASNA, on 09/07/2025, at 2:00PM, with the Serenity Prayer. Nancy U. read the 12 Traditions and Dereck. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a group representative only (supported by the 9th concept).
Extended discussion rests with the chair.

2. A member may speak once to an issue.

3. A member must be recognized by the Chair to speak.

4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.

5. In order for an item to be placed on the agenda, it must be in motion form and with a second.

6. Discussion topics must be in written form and given to the Chair.

7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports:

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

Quorum: 11

GSR count: 18 @ 2:07 PM

Attendance notes: Open Positions: Area Vice Secretary, Unity Vice Chair, Unity Vice Treasurer, Alt. RCM, H&I Vice Chair, Marathon Vice Chair.

*****Next Area Meeting is on 10/05/2025*****

New GSRs: Damien- Steps to Freedom; Jan A- Twisted Sister; Lisa H- Step and Tradition.

New Meetings: None

Corrections to Minutes: Minutes were missing all motions on the floor and all business was tabled, due to missing/ incorrect information being distributed back to home groups in August's minutes.

Orders of the Day: Moved By: Cesar, 2nd by: Derek

Opening Treasurers Report: *See Attached

Groups with Problems: None discussed on the Floor.

Group Reports

Acceptance- Tues 7-8 PM- 64 E North St, Carlisle, PA- No Report.

All Are Welcome- Wed 7-8:15 PM- 54 Bank St, Harrisburg, PA- No Report.

Any Lengths- Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No Report

Back to Basics- Wed 7:30- 8:30 PM- 135 W Simpson St, Mechanicsburg, PA- No Report

Bottom Line- Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA- Bottom line is doing well. We have a lot of new comers and we donated to area service. The bottom line group's 5th annual "The Mask's Must Go" speaker jam flyers will be out, on the web and handed out. – Peggy L.

Clean and Free- Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No Report.

Commitment to Change- Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No Report

Cut and Dry- Fri 7- 8:30 PM- 914 S 21st St, Harrisburg, PA (21st & Derry)- No Report.

Desire to Grow- Tues 7:30- 8:30 PM- 300 Market St, Lemoyne, PA- No problems to report. Good attendance and active home group members. -Sean B, GSR

Exodus to Genesis- Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- No Report.

Gathering Place, The- Sun 6-7 PM- 323 Reno St, New Cumberland, PA- No Report

HANA- Fri 6:30- 8 PM- 901 N 6th St, Harrisburg, PA- The home group is doing alright. We are looking forward to our 50th anniversary celebration on September 26th this year. We have a lot of members celebrating in October. We have to get some positions filled in our home group. The message of recovery is being spread. – TFLMS, Chris P.

Honesty- Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- No Report.

Just for Today- Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- No Report

Just for Tonight- Sat 8- 9 PM- 300 Market St, Lemoyne, PA- No Report

Keeping the Hope Alive- Sun 7:30- 8:45 PM- 300 Market St, Lemoyne, PA- No Report.

Life or Death- Sun 7-8 PM- 221 S 2nd St, Steelton, PA- No Report.

Linglestown Meeting- Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No Report.

Lunch Bunch- Mon-Sat 12- 1 PM- 309 Herman Ave, Lemoyne, PA (In person & Zoom)- No Report.

Message of Hope- Fri 8-9 PM- 4685 Mt Zion Dr, Enola, PA- No Report.

Nothing to Fear- Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- No Report.

O.D.O.P.- Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA- No Report.

Only Hams are Cured- Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- No Report.

On Life's Terms- Mon 6:30- 8:15 PM- 901 N. 6th St. Harrisburg, PA- No Report

Saturday at Swatara- Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No Report

Share and Care- Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- Attendance is consistent. 7th tradition is sufficient for coffee and literature needs. We need home group members for commitments. – Richard F, GSR.

Steps and Traditions- Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- No Report.

Steps to Freedom- Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- No Report

Twisted Sisters- Tues 7- 8 PM- 32 S Front St, Wormleysburg, PA- No Report.

Value of Life- Sun 6- 7 PM- 130 Nittany Dr, Mechanicsburg, PA- Attendance continues to be very light, but we continue to have occasional newcomers coming to the meeting. The meeting will return to our indoor location on 10/05/25. -Stephen T, GSR.

We Do Recover- Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No Report.

Subcommittee Reports

Unity Committee: Committee is doing well. We are continuing to have successful events. We had a speaker jam in August. That was a great time had by all. Labor Day Cookout on City Island was also the bomb!

Upcoming events: October 18th- Principles Before Personalities. November 15th- Letting Go. December 20th- to be announce. We are getting with marathon chair to see how we can be of assistance over the holidays. TFLMS, Rich B.

Unity Treasurers' Report: **Please see attached**

Literature: No Report

Policy: No changes were made to the 2025 policy manual or policy log in the last month. The policy sub

committee is requesting \$14.70 for the purchase of a copy of Robert's Rules of Order. – Stephen T, Policy Vice Chair.

Public Relations: The PR Subcommittee will be setting up a table at the Senator's baseball game on 9/13/25, located at City Island. Time will be 7-9 PM. The table will display the NA name and will also have meeting lists and free NA literature available. -DiJawn A, PR Chair.

RCM: 9/5- 9/6 was 24 hr World Unity Day. It was marvelous hearing people from all over the world connect on one phone call, in many countries, in various languages. The spirit was definitely there. A member paid taxes on MARLCNA income. IRS has been garnishing that person's wages. It may cost us money to fix it. 2020 was the only year where this happened, but taxes need to be reconciled. The member is owed a refund by the state once we can complete this and amend it. MARSCNA may have to hire a separate accountant to resolve this but are trying tax advisers from the feds first. Closing treasures report: \$4,436.63. Expenses: \$123.57. MARLCNA: \$5,000.00. \$7,883.79. Final: \$2,883.79. If you want merchandise for your area put in a request in September region for November. Open Positions: Regional Chair, Regional Vice Chair, Treasurer, Vice Treasurer, RDA, Policy Chair, Policy Vice Chair, PR Chair, PR Vice Chair, Web Chair, Web Vice Chair, Step Writing Chair, Step Writing Vice Chair, Regional Secretary, MARLCNA Vice Treasury. This is an upcoming CAR year, so it's imperative that we get an alternate RCM in place because I need help and may not be able to do everything that is needed to serve this area properly. CAR (Conference Agenda Report) will come out end of November and MARLCNA is in January, so we need to be on this as soon as possible. – Nancy U, RCM.

Marathon: No Report.

Audit: No Report.

Hospitals and Institutions: 6 panel leaders in attendance. 1 person attending their 2nd meeting, 1 person waiting for clean time requirement, 1 person ready to be voted in. Marlin is out of town so we worked on getting his commitments covered. Conawago would like us to start bringing H&I in again and Rob G is going to contact them. Warren was voted into a panel leader position.

Facility Reports:

- Arkview- All is well. - David and Jody
- C-90- All is well. -Marlin J
- Common Ground- All is well. Rob G. and Jan A.
- Conewago- Contacting to start going back.
- Dauphin Co. Prison (Women's)- All is well. -Jan A and Jenny
- Men's Work Release (DC)- All is well. -Marlin J.
- NASR- All is well. -Marlin J
- New Insights- Dana had an altercation between clients, but it was resolved.
- Women's Work Release (DC)- Open

New Business

M09.25 H1- Unity Committee is requesting \$100 from Area Service. Intent: To help Unity Subcommittee fund upcoming events. Written by: Teresa P and 2nd by: Rich B.

**Passed- Unanimous.

M07.25 P3- The chair will appoint two additional members to form an audit committee. The two additional members should have experience with book keeping or other fiscal knowledge. These members must be confirmed by a majority vote of the GSRs present when they are appointed. Intent: To clarify and conform to existing policy and to clarify the single point of decision and responsibility for Audit Committee. Written by: Stephen T, and 2nd by: Rob G
Discussion: 10/2025 and Voting: 11/2025

M07.25 P4- Audit subcommittee shall conduct audits of all ASC and Subcommittee accounts for the remaining quarters of 2025 and make formal reports of their findings at ASC meetings. These audits will be conducted in accordance with the suggested audit guidelines presented in the NA treasurers handbook, page 15. Intent: To clarify and conform to existing policy and to clarify the single point of decision and responsibility for Audit Committee. Written by: Stephen T, and 2nd by: Rob G.
Discussion: 10/2025 and Voting: 11/2025

M07.25 P5- The audit subcommittee shall prepare and present new guidelines consistent with the guidelines of other committees and clarifying the membership responsibilities and procedures of the audit committee for approval of the groups in time for adoption before the required March 2026 audits and reports. Intent: To clarify and conform to existing policy and to clarify the single point of decision and responsibility for Audit Committee. Written by: Stephen T, and 2nd by Rob G.
Discussion: 10/2025 and Voting: 11/2025

M07.25 P6- The ASC executive committee, (ASC chair, vice chair, secretary and treasurer) confirm the amounts stolen from the unity subcommittee and the identity of those believed to have committed the thefts. Upon confirmation of the amount stolen and the persons responsible for the thefts, contact those individuals to arrange for a legally enforceable agreement to repay those funds. Any payments shall be paid directly to the subcommittee from which they were stolen (Unity Subcommittee) and reported by that SC and its monthly report. If either of those individuals do not respond to attempts to contact them, refuse to enter into an agreement to repay the funds taken or fail to abide by the terms of that agreement, the ASC executive committee will make a police report against that person in the county where the thefts occurred. If criminal charges are filed and the obligation is met, agree to drop charges against the individual through a rule 586 motion, The executive committee will make monthly written report detailing the current status of each recovery effort, including steps taken by the committee during the previous month, any amounts paid by the individuals and the current balance of their accounts. Intent: to recover stolen funds (11th concept), formally designate a single point of decision and accountability in this matter, (fifth concept) provide clear communication to the ASC and groups regarding this matter. (8th concept). Written by: Stephen T., 2nd by Gerald. W.
Discussion: 10/2025 and Voting: 11/2025

Old Business

None

Discussion Topics

#1: How do Home Groups and Subcommittees get a copy of CASNA EIM # to open a bank account or electronic payment account. Does doing so have any negative implications to Area Treasury account. Submitted By: Cat A-GRS

#2: Requesting the area discuss the possibility of forming a Convention Committee to have a convention in the Capital Area. **Please See Attached Proposal*** Submitted By: Ramona B

Notes

None

Final Treasurers Report: **See Attached

Moved by: Teresa P, 2nd by: Rachelle W.

Motion to Adjourn Meeting at 3:30 PM. Moved By: Scott W, 2nd **By:** Jan A.

Next ASC Meeting is 10/05/2025. Subcommittee meeting at 12:30 PM and Area Service starts at 2:00 PM

Rachelle W- Area Vice Chair.

Positions	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Area Chair									P			
Area Vice Chair									P			

Acceptance									A			
All Are Welcome									P			
Any Lengths									A			
Back to Basics									P			
Bottom Line									P			
Commitment to Change									A			
Cut and Dry									A			
Desire to Grow									P			
Early Bird Gets the Worm									P			
Exodus to Genesis									P			

Gathering Place, The									A			
HANA									P			
Honesty									A			
HOW Group									A			
Just for Today									P			
Just for Tonight									A			
Keeping the Hope Alive									A			
Life or Death									P			
Linglestown Meeting									A			
Lunch Bunch									P			
Message of Hope									A			

Nothing to Fear									A			
O.D.O.P.									A			
Only Hams' are Cured									P			
On Life's Terms									P			
Saturday at Swatara									A			
Share and Care									P			
Step and Tradition									P			
Steps to Freedom									P			
Ties That Bind Us, The									A			
Twisted Sister									P			
Value of Life									P			
We Do Recover									A			

Monthly Total Group Attendance	17	20	23	20	17	18	22	18	18			
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CASNA MONTHLY TREASURER SEPTEMBER

OPENING REPORT		Ck#
Opening Balance	\$1,713.19	
Less Prudent Reserve	\$1,600.00	
Working Balance	\$113.19	
INCOME		
Group Donations	\$270.90	
Literature Income	\$1,075.00	
T-shirt match		
TOTAL INCOME	\$1,345.90	
EXPENSES		
Answer First	\$78.60	
Verizon	\$50.58	
Dex Media	\$10.00	
Area Rent	\$50.00	214
Meeting List	\$91.49	212
Lit order NPS-0064137	\$1,134.77	213
H I lit	\$99.00	
R Ballard mileage to R	\$29.97	216
lit reimburse	\$29.67	215
unity donation	\$100.00	217
TOTAL EXPENSES	\$1,674.08	

Working Balance	-\$214.99
PLUS Prudent reserve	\$1,600.00
Ending Balance	\$1,385.01
Less Reserve to T-Shirts	\$350.00
Balance Available to use	\$1,035.01

Group Donations		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$83.51	567206	
Any Lengths			
Bottom Line Group	\$20.00	240764	
Clean And Free			
Commitment To Change			
Cut & Dry			
Desire To Grow			
Exodus To Genesis	\$10.00	240784	
Keeping The Hope Alive			
H.A.N.A.			
Honest Group			
H.O.W. Group			
Journey Continues			
Just For Today	\$33.00	567207	
Just For Tonight	\$23.74	567204	
Life Or Death	\$16.00	567201	
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope			
New Life Group			
Non-Conformists			
Nothing To Fear	\$17.00	240783	
ODOP			
Only Hams' Are Cured			
On Life's Terms	\$20.00	567205	
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition			
Steps To Freedom	\$10.00	240782	
The Gathering Place			
Twisted Sister	\$27.65	567203	
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
Back to Basics	\$10.00	567202	
Total Group Donations	\$270.90		

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

August 16th

STARTING BALANCE:

688.00

INCOME

ADMISSION:

N/A

FOOD:

539.00

MISCELLANEOUS ITEMS:

SUB-TOTAL:

1227.00

NEW BALANCE:

1227.00

EXPENSES

FACILITY RENT:

\$45 \$25

D.J.:

\$150

FOOD:

\$329.99

MISCELLANEOUS ITEMS:

sofas +

SUB-TOTAL:

\$677.01

ENDING BALANCE:

\$677.01

COMMENTS:

Proposal to Host an Annual Convention Under CANA (Central Area of Narcotics Anonymous)

Submitted to: Area Service Committee

Submitted by: Lori M Homegroup On Life Term's

Date: Aug 6, 2025

Proposal Title:

CANA Convention: Building Unity, Strengthening Recovery

Purpose:

The purpose of this proposal is to establish an annual Narcotics Anonymous convention under the name **CANA (Central Area of Narcotics Anonymous)**. This event will serve as a spiritual gathering of recovering addicts to celebrate recovery, build unity, and promote long-term service commitment within the Central Area.

Mission Statement:

To carry the message of recovery to the addict who still suffers by creating a welcoming, spiritually uplifting convention experience that unites our area in purpose, service, and fellowship.

Justification and Need:

- Our area has a strong and growing recovery community, but currently lacks a major unifying event such as a convention.
- Many members travel long distances to attend other area conventions. Hosting our own will make the experience more accessible.
- Conventions are proven to inspire service, foster unity, and help raise awareness and funds for our Area's efforts.

- This convention will provide a safe space for newcomers and long-timers alike to celebrate their recovery, experience fellowship, and hear powerful messages of hope.
-

Proposed Name: Freedom in Unity or We Do Recover

CANA Convention (Central Area of Narcotics Anonymous Convention)

Goals:

1. To host the first CANA Convention within the next 12–18 months.
 2. To establish a **Convention Planning Committee** under Area supervision, with subcommittees (e.g., Program, Hospitality, Fundraising, Merchandise, Registration, etc.).
 3. To create a **budget and fundraising plan** that supports a self-supporting event without diverting funds from regular area operations.
 4. To select a suitable venue that is accessible, affordable, and meets the needs of our fellowship.
 5. To remain spiritually grounded and aligned with the 12 Traditions and 12 Concepts of NA Service.
-

Action Plan:

- Request approval from Area to form a **CANA Convention Planning Committee**.
- Nominate and elect trusted servants for Chair, Vice Chair, Treasurer, Secretary, and Subcommittee Coordinators.
- Develop a timeline and report monthly progress at Area Service Committee (ASC) meetings.
- Host fundraisers and begin outreach to other areas and regions for support and participation.

- Submit all financials, contracts, and major decisions to Area for approval to maintain transparency and accountability.

Conclusion:

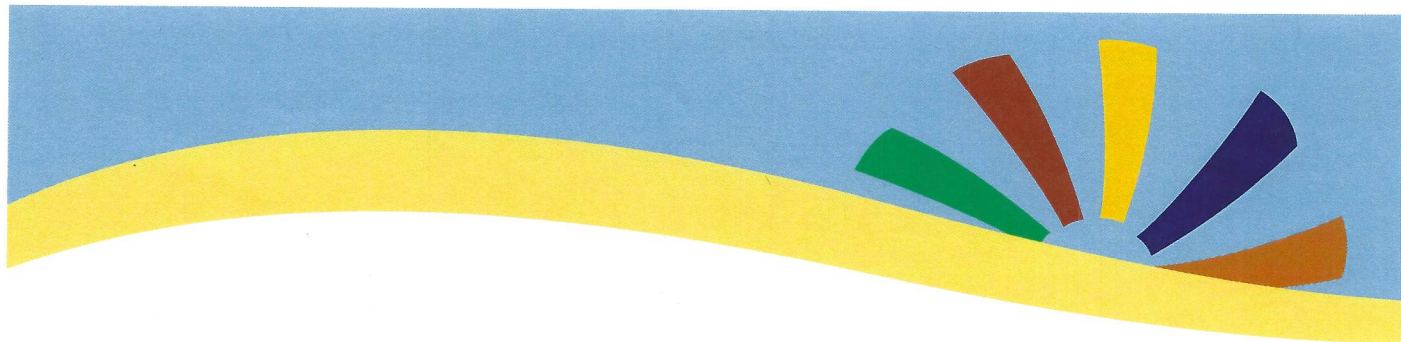
By establishing a CANA Convention, we create an opportunity to uplift our local fellowship, encourage service, and strengthen our collective recovery. With Area's support, we can make this vision a reality—one addict helping another through unity, service, and love.

In Loving Service,

Lori McNeil

On Life Term's Group Of Narcotics Anonymous

814-350-0129



BACK TO THE BASICS

Speaker Jam



BACK TO THE BASICS SPEAKER JAM HOSTED BY ALL ARE WELCOME NARCOTICS ANONYMOUS HOME GROUP

JOIN US FOR FOOD, FUN, AND FELLOWSHIP

EXPERIENCE, STRENGTH, AND HOPE SHARED BY NA SPEAKERS VISITING FROM OUT OF TOWN

Saturday, October 11th, 2 to 8 p.m.

Dance to Follow 8pm-10pm

**All Are Welcome NA Home Group
Penbrook United Church of Christ
56 Banks St, Harrisburg, PA 17103**

Contacts:

Jake N. : 717-379-3966

Geri F.: 717-461-5314

